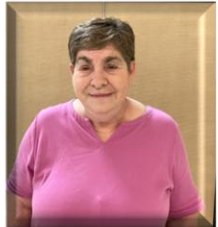




DAYTRUSAN

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Brigid O'Connor
Email:
baoc196@yahoo.com

PRESIDENT'S MESSAGE

The summer is passing quickly, and before we know it, August will be here. It feels like just yesterday we were celebrating Memorial Day and welcoming the start of summer. I have spent my summer enjoying get-togethers with family and friends and celebrating milestones with my nieces and nephews. I have also enjoyed participating in our service projects. I like being able to give back, and I also enjoy spending time with my fellow Altrusa members and getting to know the people we serve through our projects.

As we begin looking ahead to fall, I am looking forward to the cooler temperatures, the start of college football, and I have a few family trips planned for September and October. For our club it is a busy and exciting time as we prepare for our annual auction. It takes the dedication and teamwork of many members to make it all come together, and I am excited for what the coming months will bring.

Thank you to everyone who is helping with preparations, securing donations, and contributing their time, effort, and talent.



DAYTRUSAN
EDITOR
Diane Noonan
dnoonan@woh.rr.com

August Birthdays

25 - Cathy Brunner



INTERNATIONAL SCENE

AUTHOR: KATHY SCHREIN: INTERNATIONAL LIAISON

"Accepting the Leadership Role"

So, our new Dayton Altrusa Club's Board is in place. Thanks to all of you who said an Altrusan "YES". BUT, what about the next time? Will YOU be asked to serve in a leadership role in our club? Will YOU be pleased about this and look forward to the role OR may you just be looking for a way to say "NO"?

On the other hand, YOU may feel honored by being named but anxious about the assignment and fearful that you will be unable to handle the job successfully.

These are the feelings that everyone has and are nothing unique to you. Keep in mind that any person selected to lead a group, club, committee, or organization would feel much the same way. Have comfort in this knowledge.

Someone selected YOU for leadership responsibility because they had confidence in your personal qualifications for leadership. YOU should not consider this confidence of others as a burden, as they will extend support and guidance!

Next month, accepting the leadership role series will continue, especially looking at the attribute's members seek in a leader.

Altrusa International, Inc.
Leading to a Better Community®

Altrusa International of Dayton Ohio

Mission:

A non-profit service club providing support for worthy projects in the Miami Valley since 1917.

Vision:

Develop a strong, highly motivated group responding effectively to assist altruistic projects in the Miami Valley through financial support and service.

Values:

We are committed to provide altruistic service for the improvement of our community by attracting and maximizing the talents and participation of a diverse membership. The high, ethical standards of Altrusa are maintained through an atmosphere of fellowship, cooperation, understanding, and creativity.

HIGHLIGHTS FROM THE JULY MEETING

Author: Kathy Ballman-Parks, Secretary

- Dayton was one of thirteen clubs in District Five to receive the Distinguished Club Award.
- Dana is requesting that members bring any items of the Club that need to be provided to WSU Library to archive. Items are needed by the October meeting.
- Sue reported that YWCA will be having a ribbon-cutting ceremony on August 27 for our Lorene Reid Center. More information to follow.



Watch out for those school children and buses later this month.

OUR LAST 2026 SCHOLARSHIP WINNER

By Sue Ciarlariello, Scholarship Committee Chair

Our third Ruth Richardson Scholarship winner is: Clemence Wuamahoro from Spring Valley Academy:

Clemence graduated with a 3.86 GPA and completed HS in 3 years, while also completing a significant number of College Credit Plus classes at Kettering College. English is her second language, and she is a first-generation college student in her family. Clemence stood out to our committee for her work ethic, working two jobs during high school, as a nursing assistant since she was 16 in the Kettering Health Network and as a Chemistry Lab Assistant at her school. Additionally, she sang in the choir for three years, was active in NHS, and was the school's blood drive coordinator. Clemence has also received numerous awards for science, communication, and service. She is active in her church, volunteers with Dayton Target, Matthew Ministries, Good Neighbor House, and went to Tennessee on a Mission trip. The teacher who wrote her endorsement for this scholarship said that she was very impressed with her ability to work independently in accelerated learning environments with challenging courses. Clemence is a student who is honest, has integrity, and a strong commitment to excellence. Her essay describes her desire to embrace every opportunity after coming to America, being fortunate to get a chance at a better life after living in a Rwandan refugee camp. She plans to attend Berea College in Kentucky to complete her nursing degree.

Unfortunately, Clemence was unable to attend our July 21st business meeting and will be moving to Kentucky before our August meeting. She wants to thank our members for giving her this award and opportunity!

RONALD McDONALD HOUSE MAKE-A-MEAL

Author and Pictures: Diane Noonan Recipes found by Diana Kaylor on Pinterest



On 7 July Altrusans, Melissa Phillips, Julie Hatton, Dodi Munn, Diana Kaylor, Diane Noonan, Peggy Collins and Brigid O'Connor met at Ronald McDonald House to cook a meal for the residents. We made Chicken Enchiladas and Snickerdoodle bars for the dessert.

This is always a fun volunteer event for us. There is a lot of laughter as we prep and cook the meal. Along with the Chicken Enchiladas we served tortilla chips with salsa and guacamole.



The recipes for Chicken Enchiladas and Snickerdoodle bars follow.



CHICKEN ENCHILADAS

Ingredients

- 2 Cups Shredded Chicken
- 2 ¼ Cups Enchilada Sauce, divided
- 2 Cups Shredded Cheddar Cheese
(Also you can use Colby Jack or Monterey or a blend of all)
- ½ Cup sweet White or Yellow Onion finely chopped
- 10 6-inch Corn Tortillas

Instructions

1. Preheat Oven to 375 degrees
2. In a large bowl, combine shredded chicken with ¾ cup of the enchilada sauce, 1 cup cheese and onions
3. Spread a thin layer of enchilada sauce over the bottom of 9 x 13-inch baking dish
4. Warm tortillas one at a time in a heated skillet, about 10 seconds per side.
5. Lay tortillas flat and scoop about ¼ to 1/3 cup of filling per tortilla. Fold the edges of each tortilla over center and place seam side down into the prepared baking dish. Repeat for the remainder of the tortillas.
6. Drizzle remaining enchilada sauce over the enchiladas and evenly sprinkle remaining 1 copy of cheese over top.
7. Transfer to center rack of 375F preheated oven and bake for 20-25 minutes, until cheese is melted and bubbly and enchiladas are heated through.
8. Serve warm plain or with sour cream, guacamole and/or cilantro



SNICKERDOODLE COOKIE BARS

Ingredients

- 1 cup of butter softened to room temperature
- 1 cup sugar
- 2/3 cup brown sugar
- 2 eggs
- 3 tsp vanilla extract
- 2 cups of flour
- ½ tsp salt

Topping

- ½ cup of sugar
- 4 tsp ground Cinnamon

Instructions

1. Preheat oven to 350 degrees. Spray a 10x15x1 inch pan with non-stick cooking spray and then line with parchment paper.
2. Cream the butter and sugars together for 2-3 minutes. Add eggs and vanilla and mix for another 2-3 minutes. Add Flour and salt and mix just until combined.
3. Distribute the dough evenly in the prepared pan and use a knife to spread evenly to the edges.
4. In a small bowl, mix the sugar and ground cinnamon together and sprinkle over the top of the dough.
5. Bake for 20-25 minutes or until a toothpick inserted in the middle comes out clean. Let cool and then slice and serve.

DID YOU KNOW THAT ...

Author: Kathy Ballman-Parks

Dayton Ohio has long been known as the birthplace of innovation. From the Wright Brothers to Charles Kettering to John Patterson, Dayton has been a center of ingenuity and creativity. However, this is not only limited to inventions, but also includes organizations founded to serve our community

- 4 Paws for Ability - Founded in 1998 by Karen Shirk, 4 Paws for Ability is a non-profit organization that breeds, raises, trains, and places service dogs with children and veterans who have disabilities. To date, more than 2,000 service dog teams have been created. Brigid's Path - After fostering several infants born exposed to addictive substances, Jill Kingston believed there had to be a better way of caring for children and families in the crisis of addiction. That belief led her to found Brigid's Path, the first newborn recovery center in Ohio. They have served over 330 families in this mission.
- Crayons to Classrooms - In 2006, a group of concerned citizens and community leaders decided to address the issue of students going to school without school supplies, and teachers using their own funds to provide for the students in their classrooms. Thus, Crayons to Classrooms was born out of a deep concern for underserved students and the teachers who were dedicated to helping them thrive.
- For Love of Children (FLOC) - Early in 1990, Doug learned that many foster children did not receive Christmas presents over the holidays. FLOC serves well over 12,000 children annually in southwestern Ohio. They offer programming and resources to children who are abused, neglected, in foster care, and those in need of community resources.
- Hannah's Treasure Chest - Founded in 2001, Angela Addington recognized a definite need for children's items within non-profits in the Dayton Region. With no other resource, Angela and her friends began collecting and distributing children's items in their spare time.
- Shoes 4 the Shoeless - In 2010, Kris Horlacher realized that shoes and socks are the most visible stigma for a child in poverty. To eliminate this issue, S4TS was formed to provide new, properly fitting gym shoes and socks for children in need, having helped over 200,000 children.
- The Diaper Depot - Founded in 2021 by Maggie Schneemann and Jeni Berreth, The Dayton Diaper Depot's vision is for every baby's cry to be met with a clean diaper and help every parent to be equipped to fully participate in life no matter what.

It is amazing and humbling to me that these individuals saw a need, had a vision, and made it happen through their servant leadership, commitment, and energy.

Dayton Ohio can be proud !!!!

COMMITTEE REPORTS

Auction

(Melissa Phillips and Linda Neuhauser – Co-Chairs)

Communication Committee

(Kathy Ballman-Parks – Chair
Diane Noonan - Newsletter Editor)

Newsletter

30 August 2026 -- Input due for September 2026

DSB Submittal Dates

10 January, 10 May, 10 August, 10 November,

I try to submit something from the newsletters; however, if you have something, forward it to me and I will ensure it gets to the DSB editor.

If you want to send it yourself, use the following email address:

mthemaltrusa@gmail.com

Please let me know what you send so there is no duplication. Thanks

The Altrusa Compass Volume 8: Issue 5

Emailed on 31 Jul 2026. If you did not get it or deleted and need to see it again, click on link above.

Dolly Parton Imagination Library

(Tess Little – Chairperson)

July pickups: 1,295

July Distributions: 810

Our club delivers to 32 organizations.

Foundation

(Chair: Linda Neuhauser)

The YWCA has plans to do a ribbon cutting event for the Lorine Reid Survivor Advocacy Center during the last week of August. We will all be invited to attend this event once a date and time is determined.

Also, Barbara Ward, Chief Development Officer for YWCA, who worked with us on the grant request for this project honoring Lorine Reid, was recently promoted to CEO of the YWCA of the Greater Dayton Area. Congratulations to Barbara!

Membership

Club Picnic at Belinda Huffman's Home at Indian Lake

- 29 August 2026
- Directions are on page [8](#)
- Arrive no later than noon for lunch will be served shortly after.
- Belinda will be providing the meat
- You are asked to bring a side dish and your favorite beverage.

Belinda will have a signup sheet at the August meeting so not to duplicate. Belinda will also send out an email after the August meeting to let those who did not attend to let them know what members are bringing.

Service

(Cathy Brunner)

West Branch DML Book Fair

A book fair was held at the West Branch of the Dayton Metro Library and featured authors of children's books. Quite a few authors were present and talked with the kids about their books.

Altrusans Brigid O'Connor, Julie Hatton, Dodie Munn, and Cathy Brunner distributed books at the author-oriented book fair on Saturday, July 25th. The Altrusans handed out 67 books and 24 Dolly Parton Imagination Library registration forms. Many families were already enrolled and reported that the kids really liked the books. The event was very well attended.

Several members gathered to review and discuss upcoming activities. We reviewed our ongoing services at Ronald McDonald House and Widows Home. Ideas for helping 4Paws4Abilities were discussed also. Several "one time" activities will be led by different volunteers.

Next Ronald McDonald House meal preparation will be in September. Date TBD

DAYTON CALENDAR

CLUB MEETING DATES	EVENTS
Meeting Start Times Board @ 5:30 pm Business @ 6:00 pm 2025 Meeting Dates Regular Board and Business Meetings Dates Location (unless otherwise indicated) American Baptist Church 960 W. Dorothy Lane Kettering OH 45409 2026 Meet Dates 25 Aug 29 Sep 20 Oct (3D Tues) 17 Nov No Meeting Dec	August TBD – Bingo at Widow’s Home (Usually the 2D Tuesday) 12 – International Youth Day 25 – Women’s Equality Day 29 – Dayton Club Picnic September <u>(Literacy Month)</u> Send copy of club yearbook to District Officers and one copy to the International Office. TBD – Ronald McDonald House Meal preparation 01 – Labor Day 08 -- International Literacy Day -- Grant Applications Due (Watch International Pub for date) 11 – Widows Home Bingo Arrive by 6:15 pm 15 – With God’s Grace School Supply Event Hours Noon to 3 pm 21 -- International Day of Peace Observance October 16 -- World Food Day 24 -- United Nations Day 24 – Make a Difference Day 24 – Luncheon/Auction

DISTRICT FIVE CONFERENCES & INTERNATIONAL CONVENTIONS



District Five Conference Dates

23-25 April 2027
Howard Johnsons, Lima, OH
Hosted by Bucyrus Club

28-30 April 2028
Howard Johnsons, Lima, OH
Hosted by Hamilton Club

DAYTON BOARD (JUN 2026 – MAY 2028)

President:

Brigit O'Conner

Past President:

Susan Sanders

Vice-President:

Diane Noonan

Treasurer:

Dana Roberts

Secretary:

Kathy Ballman-Parks

Directors:

(June 2025- May 2027)

Tess Little

Cathy Brunner

FOUNDATION BOARD:

President

Linda Neuhauser

(June 2026 – May 2029)

Secretary

(June 2025 to May 2028)

Sue Ciarlariello

Treasurer

Alisa French

(June 2024 to May 2027)

District Five Vice Governor -

Kathy Ballman-Parks

District Five LRSP Chair

Joyce Kelley

International Liaison:

Kathy Schrein

HELPFUL LINKS

[ALTRUSA of Dayton Facebook:](#)

ALTRUSA District Five Facebook:

<https://www.facebook.com/D5Altrusa?fref=ts>

ALTRUSA International. Click on the links below.

[Facebook](#)

[Instagram](#)

ALTRUSA District Five Website: <https://districtfive.altrusa.org>

ALTRUSA International Website: <https://www.altrusa.org>

Username – Altrusan Password - MamieBass1955

Both are universal for all Altrusans.

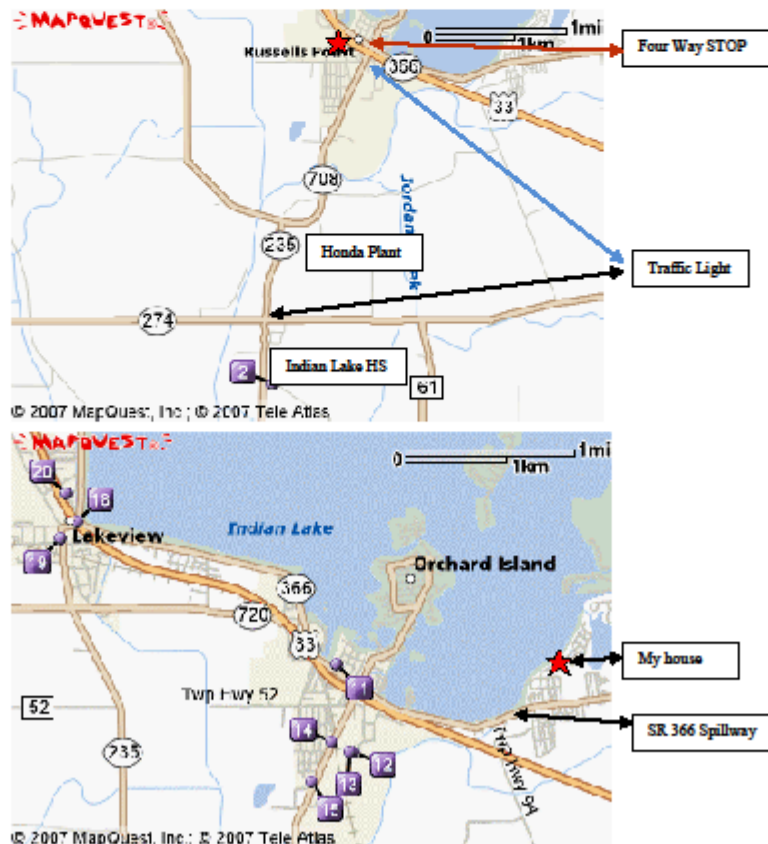
District Five on YouTube

<https://www.youtube.com/@altrusadistrictfive>

Directions to Belinda's house at Indian Lake- 7643 Park Dr., Russells Point

You can take I-75 to the Jackson Center exit and turn right on SR 274 to SR 235 (Intersection with traffic light-IL HS on the SE corner) and turn left. Follow until dead ends to SR 708 (Honda Plant on the right), turn right which will take you into Russells Point. Go through the traffic light, turn right at 4-way stop SR 366 (Mc Donalds on left, Cassano's on right) Next stop sign, go straight (pass lake and spillway on left), first street turn left on Waterbury St. (between two vacant buildings). Street has a sharp right curve, then left curve, which turns into Park Dr. House is on left side just as you make the left curve. White mailbox- #7643... gray sided house.

You can take SR 4 that turns into SR 235 going into New Carlisle and follow SR 235 all the way (go through Quincy and DeGraff) until it dead ends to SR 708 (Honda plant). Turn right on SR 708, which will take you into Russells Point. Go through the traffic light, turn right at 4-way stop SR 366 (Mc Donalds on left, Cassano's on right) Next stop sign, go straight (pass lake and spillway on left), first street turn left on Waterbury St. (between a photography/repair shop and vacant building). Street has a sharp right curve, then left curve, which turns into Park Dr. House is on left side just as you make the left curve. White mailbox- #7643... gray sided house.



From Belinda about directions to her Indian Lake Home.

Landmarks have changed a little bit

No longer Cassano's Pizza across from Mc Donald's and only one building on the left (empty lot on the right) when turning onto Waterbury Rd.

Other than that, the instructions are the same.